

LIVABLE COMMUNITIES

# Care Circles of Westchester Guide

“Step Forward and Give Back”



Developed by:  
The Westchester County Department of Senior Programs and Services Caregiver Coalition

# Care Circles of Westchester

## “Step Forward and Give Back”

The Care Circles of Westchester: Step Forward and Give Back program provides family caregivers with information to coordinate help for their loved ones from volunteers, who share in caregiving tasks.

The program is part of the Livable Communities: A Vision for All Ages – Bringing People and Places Together initiative. It is sponsored by Westchester County’s Department of Senior Programs and Services (DSPS) and the Westchester Public/Private Partnership for Aging Services.

A care circle is a group of volunteers who assist an individual – perhaps a very elderly person – with the basic needs of daily living that cannot be met with public funds. These needs may include pitching in to do the laundry, giving rides to the doctor’s office, walking the dog or simply providing companionship.

Fewer and fewer caregivers are available to help care for Westchester’s growing senior population, and care circles are a way to recreate the physical and emotional support families traditionally provide.

A key goal of the Livable Communities initiative is to enable seniors to continue to age in their homes and communities. Care Circles of Westchester volunteers directly advance that goal.

**This material is part of a guide on the Livable Communities Care Circles of Westchester program. For more information, contact Colette Phipps at (914) 813-6441 or [cap2@westchestergov.com](mailto:cap2@westchestergov.com).**